



XC Tour Alt Urgell / Spain 2017

Type: Cross-country

XC Tour Alt Urgell 2017

Trip details:

The mountains near La Seu d'Urgell are a cross-country rider's paradise! By a mixed of jeep and gravel roads and single track, from Mediterranean forest to the alpine fields, the variety of sceneries is just amazing!

Dates:

May, June, July and September, October 2017

For other dates call us.

2017 Prices: July / September / October: 690€/ pers.

Single Supplements: 135 €

Program:

XC tour Alt Urgell, Spain 2017*

Sunday:

Check in:

We welcome you in the afternoon at your Hotel in the medieval town of La Seu d'Urgell.

Monday:

Volta a Lleto

From La Seu d'Urgell, we climb slowly towards la "Sierra del Cadi" by a jeep road, as we climb, the track get harder! Roots, rocks, technical zone to end by a nice single into the forest

Rond loop;

Distance: 41km;

Vertical rise: 1467m;

Terrain: Dirt roads / Single tracks

Tuesday:

Ras de Conques



A great XC loop from ARS. we take the Van to get to a small Catalan village, quiet close to Andorra. A mixed of jeep roads, and single tracks, in a remote valley of the Natural Park of the "PIRINEUS", the scenery is spectacular.

Rond loop;

Distance: 46km;

Vertical rise: 1499m;

Wednesday:

Estany de la Pera (lakes)

45 minutes of transfer by van to Lles. We start our loop slowly to Aranser, then we climb to the Estnays de la Pera We have our picnic near the lake, and then we go down by a mix of dirt and single track

Rond loop;

Distance: 40 km;

Vertical rise; 1080m

Terrain: Dirt roads and single tracks

OR

White water rafting

We take a rest day with white water rafting in one of the best river of the Pyrenees in Sort (Pallars Subira) 1 hour drive from la Seu d'Urgell

Thursday:

Pic de l'Orri 2400m

45 minutes of transfer by van to St Joan de l'Herm, a small cross-country ski resort. We start our loop to the Pic de l'Orri, one of the highest summit of the region at 2400m, by an easy dirt road, slowly we climb to the summit. The view from the top is unbelievable! We have our picnic at the top and then we go down by the alpine field.

Rond loop;

Distance : 36km;

vertical rise : 952m;

Terrain: Dirt roads and single tracks.

Friday:

Serra d'Arfa

To finish this great week, we will do a nice loop over La Seu d'Urgell, we will do a mixed of long climbs by dirt roads, and downhill by flowy single tracks and old abandoned villages.

Rond loop;

Distance : 36km;

vertical rise : 952m;

Terrain: Dirt roads and single tracks.

Saturday:

Check-out after breakfast



Details:

Difficulty:

The trails vary from intermediate to high grade. In a few words: the trails are long, with some steep climbs and ascents around 1000m climbs. The descents can be mostly done by jeep/gravel roads. All participants must be fit to very fit to enjoy this trip! We often stop to enjoy the view, take some pictures, repair punctures etc...

The bike and equipment

For this trip, you will need a XC, hard tail bike or a full suspension bike with 120mm travel fork and suspension. Disc brakes, are better and XC tires ready to face punctures (tubeless with sealant)... All participants should have their bike in **excellent working order** before the beginning of this trip. We will send you a list of the equipment required when you book the trip.

Lodging and food

You stay in Half-board in a cozy family-run hotel in the medieval town of La Seu d'Urgell, this 3 star hotel, provide us a safety room to lock our bikes and to clean/fix the bikes after the day.

The Hotel, is just near the old medieval center with its unique Roman Cathedral. You will find many bars and shops or museums to discover after the day on the trails.

At night, the Catalan/Spanish food is perfect to recover energy after a hard day on the trails.

For the half-day lunch, you have to prepare your own sandwiches, we usually stop in a bar in town to prepare them (best value price)

What's included?

Fully certified MTB guide.
All shuttle from the hotel to destination and back.
Lifts tickets.
3 star hotel accommodation in half board.

What's not included?

Transport to get to La Seu d'Urgell.*
Personal and travel insurance.
The bike rental.(not available in La Seu d'Urgell)
The lunches.
Your personal consumption at the hotel.
Whitewater rafting if you choose that option. (45€/pers. in 2016 for 18km)

* If you arrive by plane to Barcelona, let us know and we will organize your transfer to La Seu d'Urgell.

Group size:

4/7 person per trip (bigger group? Ask for availabilities and prices)

**Climate:**

In the Pyrénées, the weather is usually warm and dry, but it can change very fast (Storms) and the temperatures will drop dramatically. You should be prepared to those conditions. We recommend at least 3 layers to face all late spring and summer weather conditions.

Safety:

The trips take place in some remote regions, where it could be difficult to access by car. There is always a risk and hazard on the trail we ride. You have to ride within your limits and be safe any time as mountain bike is a dangerous sport.

Our guide, has a first aid kit and basic first aid training. If a serious injury is suspected, we will call the rescue team, they come usually by helicopter. The search and rescue is at cost of the participant. This is the reason why **Personal insurance is mandatory**.

For the safety of the group, the leader can modify any stage if he considers it necessary (weather or group level)

Are you interested in this trip?

Call us or pre-book by e-mail

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